

HOLA!

AUTOIMMUNE CONDITION

ALOPECIA AREATA: LEARN MORE ABOUT JADA PINKETT-SMITH'S HAIR LOSS CONDITION

Will Smith's wife spoke for the first time about her condition in 2018



In the past 24 hours, almost every headline is referencing the infamous slap actor Will Smith gave comedian Chris Rock during the 94th Academy Awards after Rock commented about Jada Pinkett-Smith's look.

After the incident, viewers were confused and wondered if it was part of the show. People didn't understand what made the star so upset during the fuzz. Later we learned Smith didn't plan the assault, and his reaction was to defend the mother of his children.

Board-certified dermatologist and founder of Pure Dermatology Cosmetic & Hair Center, **Dr. Neda Mehr**, is a sufferer herself and has been educating her patients and followers on alopecia for years. *HOLA! USA* had the opportunity to get more insight into the condition.

“There are scarring and non-scarring forms of alopecia. Treating ‘scarring alopecia’ is to prevent further progression,” said Dr. Mehr. “Whereas the treatment for ‘non-scarring alopecia,’ such as alopecia areata, an autoimmune form, and androgenetic alopecia, which is the genetic form due to genetics and hormones, is actually to reverse hair loss and bring it back.”



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Neda Mehr, MD



nedamehrmd Experiencing Circular Patches of Hair Loss?! Here's what it can be and what we can do!!👩🏻

Alopecia Areata (AA)is:

- 👉When one or more round bald patches appear suddenly
- 👉Auto Immune hair loss
- 👉other Autoimmune Disease are present in 10 to 25% of patients
- 👉pts with AA have higher than average rates of thyroid disease, vitiligo & eczema
- 👉triggers by viral infections (ie COVID !!), hormonal shifts & emotional stress
- 👉regrowing hairs are often white or grey

What can we do?



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The expert reveals a few things people can do when it comes to treatment options. “Typically with scarring alopecia, we do treatments such as intralesional steroid therapy, but recent studies have shown that non-steroids, such as PRP, can be quite effective in sustaining scarring alopecia,” she says.

“There are also oral forms of treatments, such as Doxycycline or Spironolactone, that can help some forms of scarring alopecia. In terms of non-scarring alopecia, there are various treatment options, including topicals, injections, hydrogel reverberations (which exploit the scalp), and oral forms, such as Minoxidil. Spironolactone that can help androgenetic alopecia, or Propecia for gentlemen or postmenopausal females,” the doctor added.